





2024 Spring / Summer Program Guide







ST. VITAL

1500 Dakota St. Winnipeg, MB - R2N 3Y7

Franchise locally owned and operated

Message from the Chair & CEO

Dear Community Members,

As the days start to get longer signalling that spring is on the way, we'd like to update our community on what we've been up to at Dakota CC this past season and share some of the exciting things coming to our community centre in this, our bi-annual program guide.

The Holiday season was off to a bustling start with our annual 'sold out' Christmas Market, held during the first week of November with more than 95 vendors on display. Big changes are in store for our 2024 Christmas Market as it moves to the Fieldhouse, nearly doubling the amount of vendors all in one great space! Stay tuned for more information on this exciting new take on a long standing tradition at our Centre.

Skate with Santa was back again with more than 500 participants enjoying a fun filled day on the ice with Santa and his friends. Our sincere thanks to our many sponsors who made this free community event possible. We've also welcomed some new sponsors and advertisers to Dakota CC in recent months who continue to benefit by being part of our vibrant and busy

facilities and programs. We remain grateful to all of you for your continued support.

With the completion of our Ice Plant upgrade in late summer and our new Storage Garage completed in the fall, our Great Hall renovation project began in early November. This nearly 1.1 million dollar investment will see this space modernized to host a variety of events and meetings of various sizes, and is on track to be ready for rentals in late March/early April. See pages 5 and 6 for more details on this modern and fully accessible space.

We know that many of you saw the news reports about the exciting new arrangement we entered into this past fall with the Mashyna Family, recent immigrants from Ukraine who have been running our food services through the Centre Ice Café. In addition to regular canteen fare. Olha, her husband Oleksandr, and their team have been serving up delicious, traditional Ukrainian food offerings to patrons of our Centre – and some who drop by just to sample their creations! Thank you to our community for your continued support of this unique service at DCC.

Our Board welcomed three new members at our AGM in November, with Sharan Tappia, Scott Macaulay, and Joe Langan joining our team. We also bid farewell to long serving member Darren Neufeld who served as the Centre's treasurer since 2016.

Thank you Darren for your outstanding commitment to Dakota CC!

Spring is bringing some new offerings to our Centre, including the Spring Smash Pickleball tournament in early April, free seniors information sessions where experts will provide advice and insight on a number of topics of interest, a golf swing series led by a PGA Canada Golf Professional, and much more.

We hope you enjoy this expanded issue of our program guide and all that is available to you through our Centre this coming season.





2023 / 24 Board of Directors







Our Board of Directors are community volunteers who focus on governance and leadership, based on the Centre's Vision, Mission and Values.

Do you live in the Dakota CC Catchment and are interested in serving on our board? Send your resume and cover letter to info@dakotacc.com or reach out to any current member of our board.













Around the Community Centre

Recapping notable moments in 2023.

Dakota Community Family Fun Days

Save the Date: September 13th & 14th 2024

In August we celebrated our very first Dakota Family Fun Days with 2 days of free family activities, food trucks and a pop-up market. Over 2,000 community members joined us for kids activities, an outdoor movie night and a stage featuring live local entertainers.



Thank You to Our Wonderful Supporters

- Access Credit Union
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- ♦ Sobey's St Vital
- ◆ Prairie HVAC/R
- Steinbach Credit Union
- Kensington Homes
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- ◆ Ron Paul Garden Centre
- Markus Chambers
- Brian Mayes
- ft3 Architecture
- Horrocks Insurance
- ◆ 20/20 Eye Care
- ◆ The Music Cellar
- Manitoba Building Conference & Expo

Skate with Santa and Friends

Save the Date: December 21st 2024

This year's Skate with Santa was our busiest yet with over 650 people registered for the event. Guests were able to skate with Santa and Frosty as well as enjoy off-ice activities like crafts, face-painting and making reindeer chow.





Thank You to Our Wonderful Supporters

- ◆ Tri-Core Projects
- ◆ Boston Pizza
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- MJ Roofing
- Ron Paul Garden Centre
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- Markus Chambers
- ◆ ft3 Architecture
- Bird Construction
- ◆ Pinnacle Staffing Solutions
- Bee-Clean Building Maintenance
- Mike Moyes
- ◆ Crosier Kilgour
- ♦ Electra Sign
- Robertson Shypit Soble Wood

Help make a difference in our community.



Upcoming Events

Check out what's on the horizon!



Movie Nights at DCC

Spring Movie Night: Thursday, March 21st

Cost: \$2 per person (GST Included) Keep an eye out for our

Outdoor Summer Movie Series!



Spring Smash Pickleball Tournament

Date: April 9th - 12th

Cost: \$45 One Event | \$75 Two Events



Convocation Week

Date: June 24th - 27th

- Centre Scolaire Léo-Rémillard
- ◆ Collège Béliveau
- Collège Jeanne-Sauvé
- Louis Riel Arts & Tech Centre
- Windsor Park Collegiate



Christmas Market

Date: November 2nd - 3rd

Vendor applications open until March 31st Visit **markets.dakotacc.com** to apply.

Rent A Table

Looking for a space to promote your business or sell your non-consumable products?

Tables are now available for rent in our sportsplex lobby every Friday, Saturday and Sunday from September to June.

Rentals are \$50 per day and can be set up anytime between 8 a.m. and 8 p.m.



Check out our website for more details and for a list of upcoming events.

Sponsorship & Advertising Opportunities

Support our community and get noticed!

Sponsorship

Help support one of our many community events while building your brand.

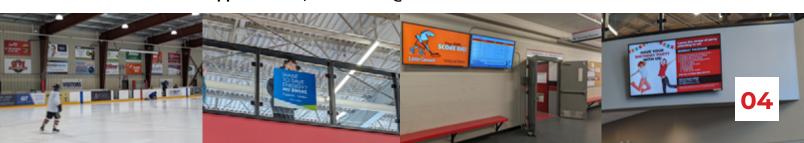
- Family Movie Nights
- Dakota Family Fun Days
- Skate with Santa and Friends
- Pickleball Tournaments
- And Many More

Advertising

Choose from our digital and print advertising options or speak to us about creating a custom package for you.

- Rink Board and Wall Signs
- ◆ Fieldhouse Track Decals NEW
- Digital Advertising
- Print Advertising

For more information and opportunities, contact lise@dakotacc.com



Facility Upgrades

Changing to meet the needs of our community.

Storage Garage Complete

Our Storage Garage project was completed in December. This much needed building is now home to our Jumpstart Rink ice resurfacer as well as all the tractors, fuel and equipment needed to maintain our campus and the 32 playing fields in our catchment.



Great Hall Upgrades

Our Great Hall is undergoing a major renovation to transform this space into a new modern and fully accessible space. What was once a single open hall will now have the ability to be rented in multiple configurations with new movable walls.

Whether hosting bridal/baby showers, collaborative meetings, private work sessions, or social gatherings, the adaptable layout ensures optimal flexibility to suit various needs within a single, dynamic

environment.

Features of the renovation include:

- A/V capability
- Two movable walls featuring sound damping properties
- Room sizes ranging from 1,200 - 4,500 sqft.
- Contemporary design and aesthetics
- Food prep/serving space with fridges, sink and counter space

Gymnasium Renovation

This January we had a door and walk-through countertop installed in our Sportsplex bar/kitchen. This

space has a sink, large refrigerator and plenty of counter area and is available as an add on to any Sportsplex Gymnasium rentals.





Centre Ice Café

Food made with love.

The Centre Ice Café is now serving authentic Ukrainian Food for eat-in or take-out alongside your Canteen favourites.

Hours:

Monday - Friday: 12 p.m. - 8 p.m. Saturday - Sunday: 9 a.m. - 6 p.m.



289-885-8283 olha.mashyna@gmail.com







- Pierogi, Pelmeni, Borscht, Cabbage Rolls and more
- Canteen favourites: fries, chicken fingers, popcorn, treats and slushies
- Specialty pre-order menu items
- Frozen handmade entrées
- Catering options available

Event & Facility Rentals

Facilities and equipment to meet your event needs.

Fieldhouse

Court Rentals

The 60.000 ft accessible Dakota Fieldhouse is available to rent in a variety of configurations.



Rental Options Include:

- Premium hardwood floor gymnasium space in a common overlaid court area to accommodate:
 - 3 FIBA regulation Basketball courts
 - 3 Feature or 6 cross-court Volleyball courts
 - 12 Courts for Badminton or Pickleball
- Mobile, retractable bleachers expandable for large spectator events

Health & Wellness Studio

• 880 sqft. studio for yoga or other classes.

Ice Rentals

Book one of our two indoor rinks for hockey or ringette games, family events, or birthday parties. Check out our Ice Rentals page on dakotacc.com for more info.

Visit our website to book ice times online.

Great Hall

This newly renovated space is perfect for:

- Bridal/baby showers
- Holiday parties
- ◆ Family events/dinners◆ Meetings
- Fitness classes
- Receptions

This fully accessible space features a new contemporary design, sound dampening walls and A/V capability.

Room sizes range from 1,200 - 4,500 sqft. Add-ons include food prep/serving space with sink and counter space, bartending packages and so much more!

Sportsplex Gymnasium

Birthday Parties

(Starting at \$249)

Package Includes:

- ◆ 2 Inflatable Bouncers
- Sports equipment (floor hockey, soccer balls & nets, dodgeballs, gymnastic mats, scooters, & more)
- Table and chair setup
- Kitchenette add-on available

Three Sunday timeslots can be Booked Online:

- ◆ 12:30pm 2:30pm
- ◆ 3:00pm 5:00pm
- 5:30pm 7:30pm

Alternate days and times available upon request.

Socials

(Starting at \$1895)

Package Includes:

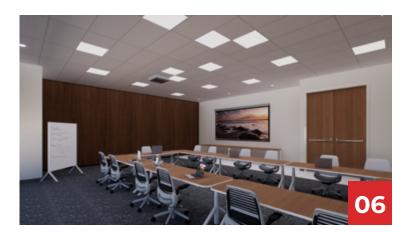
- Supervisor/Bartenders/Security
- Pop/Ice/Coffee and Cups
- ◆ Table Setup and Takedown

Rentals

The Sportsplex Gymnasium is perfect for:

- Fitness Classes
- Practices
- Parties
- Sporting Events

Tournament and special event packages available! To book your next event at DCC contact Jared 204-254-1010 ext 216 | jared@dakotacc.com





Fieldhouse Fitness Centre & Sportsplex Weight Room

Your complete fitness solution.

The Dakota CC provides a variety of amenities to help you achieve your health and fitness goals in a welcoming environment. Regardless of your age or fitness level, we have something for you!

Facility Features:

- 200m track with three lanes
- Cardio equipment (ellipticals, rower, bikes and step mill)
- Strength training equipment and free weights
- Indoor turf area for athlete training
- Functional training equipment (TRX, stability balls, BOSU, bands, medicine balls)
- Free orientation on all equipment available

Visit Customer Service to Purchase Your Pass



Fitness Centre Pass

Access to Fieldhouse Fitness Centre.

	1 Month	3 Month	6 Month	12 Month
Youth/Senior/Student	\$39	\$93	\$145	\$197
Adult	\$44	\$110	\$175	\$230

Weight Room Pass

Access to Sportsplex Weight Room.

	1 Month	3 Month	6 Month	12 Month
General	\$46	\$116	\$185	\$289

Active Pass

Access to Fieldhouse Fitness Centre & Sportsplex Weight Room.

	1 Month	3 Month	6 Month	12 Month
Youth/Senior/Student	\$69	\$163	\$254	\$407
Adult	\$75	\$179	\$284	\$446

Premium Active Pass

Access to Fieldhouse Fitness Centre, Sportsplex Weight Room & Group Fitness Classes.

	1 Month	3 Month	6 Month	12 Month
Youth/Senior/Student	\$74	\$210	\$389	\$645
Adult	\$79	\$225	\$410	\$688

Need help with fitness equipment?

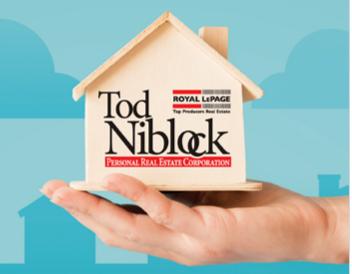
For those interested in learning more about safe and proper fitness training, the DCC offers monthly *Intro to Resistance Training* and *Teen Fitness Orientation* classes.



New Advertising Opportunity Available!

Our two-sided decals can be seen from the Fieldhouse Fitness Centre as well as the Fieldhouse Courts. Contact lise@dakotacc.com for more information.





Local Knowledge and National Results



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204-989-6900

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Fitness & Sessional Programs

Your journey to total wellness.

Group Fitness

Are you looking for a new fun and effective way to get in shape? Do you want to meet new people who share your fitness goals? Come try our group fitness classes. From yoga, cardio & strength, and Zumba to classes specifically for people with mobility issues, we have something for everyone!

-	Drop-In	5 Classes	10 Classes	20 Classes
General	\$11.43	\$58.00	\$105.00	\$184.00
Senior (60+)	\$9.52	\$47.00	\$86.00	\$152.00

Walking Group

Don't let the weather stop you from staying active and healthy. Join our walking group and enjoy indoor walks in early spring and outdoor walks in mid to late spring and summer, with flexible options of active pass or drop-in fees for indoor sessions.

◆ Thursdays ◆ 10:00 a.m. - 11:00 a.m.

Cost: \$8.57 / Free for Fitness Centre Pass Holders

Introduction To Resistance Training

Do you want to build strength, improve balance, and prevent injuries? Join our monthly introduction to resistance training classes and learn the basics of safe and effective exercises. You will get personalized feedback, professional supervision, and supportive encouragement from our certified trainer.

◆ Wednesdays◆ March - May

♦ 10:00 a.m. - 11:00 a.m.

Cost: \$55

Group Fitness Classes

Yoga / Pilates

Barre
Chair Yoga
Gentle Flow Yoga
Pilates
Restorative Yin
Restorative Yoga
Yin Yang Yoga
Yoga Flow

Strength

Butts & Guts Cardio & Strength Gentle Fit Growing Stronger Hi-Lo Strength Total Body Strength

Zumba / Dance

Let's Move, Let's Dance NEW Zumba Zumba Gold Zumba Toning

Find full class descriptions on our website.



Tai Chi

Explore your health and wellness through the gentle and restorative practices from the Yang family lineage of tai chi. Emphasis will be placed on alignment to develop strong balance and posture.

Level 2 starts in April.

◆ Thursdays ◆ April 4th - June 27th

◆ 11:30 a.m. - 12:30 p.m.

Cost: \$96

Acrylic Painting

For learners just starting or people wanting more experience with acrylics. Build the fundamental skills to create your own works of art.

Mondays◆ March 4 - April 22

◆ 1:00 p.m. - 3:00 p.m.

Cost: \$140

Line Dancing

Absolute Beginner

◆ Wednesdays ◆ 10:15 a.m. - 11:45 a.m.

Beginner Plus

◆ Tuesdays ◆ 12:00 p.m. - 1:30 p.m.

Improver

◆ Wednesdays
 ◆ 12:00 p.m. - 1:30 p.m.

Cost: \$5 each / 10 Pass for \$45 (GST Included)



Subscribe to our monthly newsletters to get the latest news & updates.

Adult Instructional Programs

You're never too old to learn something new.

Empowering Seniors Speaker Series

Join us for these FREE sessions and listen to experts share their insights on a variety of topics.

Staying on your Feet: Fall Prevention

Presenters will lead a group discussion on the risks of falling at home and in the community as well as strategies to help lower these risks. At the end of the session each participant will take home their own personal safety plan for fall prevention.

- Friday February 23rd
- ◆ 10:30 a.m. 11:30 a.m.
- Speaker: Active Aging in Manitoba

Cost: Free

Healthy Mouth: Key to a Healthy Body

This presentation will inform you about: The mouth-body-health connection and why it's so important, warning signs and how to maintain a healthy mouth, how to talk to your dental care team and caring for others oral health.

- ♦ Friday March 1st
- ♦ 10:30 a.m. 11:30 a.m.
- Speaker: Active Aging in Manitoba and the Manitoba Dental Hygienists Association.

Cost: Free

De-cluttering, Downsizing & Moving

These steps can help seniors simplify their lives, save money, improve their health and safety and relocate to a more suitable environment.

- ♦ Friday March 15th
- ◆ 10:30 a.m. 11:30 a.m.
- Speaker: The Seniors Moving Company

Cost: Free

Floor Curling

Floor curling is a modified version of curling played indoors on any smooth surface. Stay active, have fun, and learn a new skill. We provide the equipment and no experience is necessary.

- ◆ Tuesdays ◆ April June
- 9:00 a.m. 1:00 p.m.

Cost: \$5 each / 10 Pass for \$45 (GST Included)



Senior Resource Finder

DCC is your community resource finder for adults 55+ who need help connecting with support programs and services.

Call (204) 254-1010 or **visit seniors.dakotacc.com** on our website to find out more.

COLOR SWING Fundamentals

Get ready fore golf season! In this four-week series, led by a PGA Canada Golf Professional, you will learn the fundamentals of the golf swing including: correct setup, posture, proper sequence of motion, error correction for swing faults, and easy to implement practice drills. This series, designed and delivered by Over50Golf, is geared to the mature adult golfer (although there are no age requirements to participate) and is appropriate for all skill levels.

- ◆ Wednesdays
 ◆ April 17th May 8th
- ◆ 2:00 p.m. 3:30 p.m.

Cost: \$160





docbraces is proud to be welcoming Dr. Febe Kuo as our new Orthodontist in March 2024!

Book your free braces or invisalign consultation today



your smile.



SCAN ME





Pickleball

Drive. Drop. Dink. Repeat.

Stay active, socialize with friends, and challenge yourself. Whether you are looking for a new hobby, a competitive game, or a family activity, pickleball is a great choice for everyone!

0 0 6

Drop-In Pickleball

To reserve your spot for drop-in, please use SignUp at **pickleball.dakotacc.com**

Novice, Intermediate, and Advanced Players

- ◆ Monday Friday ◆ 7:30 a.m. 2:00 p.m.
- Ranked time slots change daily

Open Play Pickleball

- ◆ Monday Friday ◆ 2:00 p.m. 4:00 p.m.
- No sign-up required

Learn To Play Pickleball

Sessional classes for all skill levels! From beginners learning the fundamental skills, to tournament veterans developing their technique.

- Learn 2 Play Pickleball Level 1
- ◆ Learn 2 Play Pickleball Level 2
- Advanced Pickleball Skills Clinic

Cost: \$95



Reserve A Court!

DCC offers the most indoor courts in Manitoba. Visit our website to reserve a court for you and your friends.

Spring Smash Pickleball Tournament

April 9th: Novice Men, Women, and Mixed Doubles **April 10th**: Men's Doubles 2.5, 3.0, 3.5, and 4.0 **April 11th**: Mixed Doubles 2.5, 3.0, 3.5, and 4.0 **April 12th**: Women's Doubles 2.5, 3.0, 3.5, and 4.0

Player Cost: \$45 One Event | \$75 Two Events

Pickleball Flex Ladder - Mixed Doubles

Ladders are a great way to have fun while playing competitive matches! DUPR Ladder is a volunteer managed group. Email **dakotapickleball@gmail.com** for more information.

◆ Thursdays ◆ 2:15 p.m. - 4:15 p.m.

Register at pickleball.dakotacc.com or visit Customer Service!

Prairie Pickleball

Can you dink oit?

prairiepickleball.ca

204-806-4333

Adult Co-ed Beach Volleyball League

Rally in the sand and sun.

Do you love playing volleyball and soaking up the sun? Gather 5 other friends and join a friendly and competitive league with other volleyball enthusiasts!

Season runs from June – August Registration Opens May 1st

- Competitive Division: Tuesdays
- Recreational Divisions: Wednesdays and Thursdays
- ◆ Teams will play 2 (best-of-3 set matches) per evening
- ◆ All games scheduled for 6:30 p.m. and 7:15 p.m. in DCC's Jumpstart Community Rink
- ◆ 20 regular season games + 1 guaranteed playoff game
- Participants must be 18 years of age (or 16+ with parental consent)

Cost: \$475 per team





Register at dakotacc.com or visit Customer Service!

Apply for DCC's 2024 Scholarship Awards

We're proud to offer \$500 Scholarships annually to qualified youth who have demonstrated a strong commitment to the Dakota Community Centre. Instructions on how to apply available at **dakotacc.com Submission deadline is March 31 by 4:00 p.m.**



To all of our wonderful volunteers.

On behalf of everyone at the Dakota Community Centre, we want to say a heartfelt thank you for all that you do. Your kindness and generosity are truly appreciated!

If you would like to join our volunteer family, head to dakotacc.com





Adult Hockey Programs

Lace up your skates and hit the ice.

Spring/Summer Adult Hockey League

May 1st to July 14th

- ◆ 12 regular season games + 2 playoff games
- All games are played at DCC
- Teams may request no weekend games after June 17th
- ◆ 2 Guaranteed Playoff Games
- Double Knockout Bracket

Early Bird Registration: \$3,100 (Closes March 4th) **Regular Registration:** \$3,465 (Closes April 4th)

Fall/Winter Adult Hockey League

With 130+ teams and 14 divisions, there's a place for every skill level.

September 1st to March 31st

- 30 regular season games + min 2 playoff games
- League website for stats, scheduling, & standings
- Prizes for division winners & swag for team captains.

Registration Opens May 5th Season Starts September 16th

NEW Women's Skills and Scrimmage

This camp will focus on fundamental skills training using drills designed to teach and enhance development. The camp then builds on these drills by placing players in a game situation.

Each session will include 20-30 minutes of skill development, followed by 30-40 minutes of hockey scrimmage. Full hockey equipment required: helmet, full face shield, gloves, skates, and stick mandatory.

May 2nd - June 27th → Thursdays → 10:00 p.m.

Cost: \$180

Register at dakotacc.com or visit Customer Service!







Groupe Financier Financial Group

Dakota Branch 875 Dakota St 204-257-2400

Caisse.biz f (in)

Ask us about a Tax Free Savings Account





From accesories to skate sharpening, we've got you covered. Try out our skate drop-off service at the Fieldhouse when we're closed. Pick them up on your next visit, sharpened and ready to go!



Hockey & Skating Programs

The coolest way to get active and stay fit.

Spring Break - Skills and Scrimmage

This program will focus on developing fundamental skills. Players will work on the technical elements of the game such as skating, puck handling, passing, and shooting.

March 25th - 28th

• **U9:** 1:10 p.m.

1 Hour Sessions

• **U12:** 2:20 p.m.

4 Days

◆ U15: 3:30 p.m.

Cost: \$130

Learn to Play

Designed for new-to-hockey children. Players will learn about rules of the game and gain basic hockey skills in a fun, positive, pressure-free environment. Full equipment is mandatory.

May 1st - June 26th

♦ Ages: U7

◆ May: 4:05 p.m.

Wednesdays

• June: 4:50 p.m.

9 Sessions

9 Sessions

Cost: \$290

Summer Hockey Development Camp

These full-day camps will include two on-ice sessions daily where the focus will be on improving fundamental hockey skills. Off-ice, our participants will be exposed to a variety of sports and games meant to improve coordination, balance and fitness.

August 12th - 16th: Ages 10-12
 August 19th - 23rd: Ages 7-9
 August 26th - 30th: Ages 10-12

Cost: \$475

Register at dakotacc.com or visit Customer Service!



We are excited to be partnering with Tyler Riel and Riel Hockey Development for our hockey programming.

Tyler Riel played University hockey at Concordia and Nipissing Universities and is an HP1 level coach with over 10 years experience as the head instructor at Keane Hockey Camps. Tyler also developed and leads the LRSD Hockey Program and was the lead instructor for our 2023 Fall Development Camps.

Intro to Body Contact

Introduce players to all aspects of body contact and puck protection through contact. Players will learn body positioning, angling, as well as how to give, receive and safely avoid body checks.

August 13th - 29th

♦ U13: 5:00 p.m.

6 Sessions

♦ U15: 6:10 p.m.

Tuesdays & Thursdays

Cost: \$290



Drop-In Skating Programs

Public Skating
Cost: Free

Registration Required Helmets strongly recommended for all ages; required for skaters under age of 16.



Stick and Puck/Ring Cost: \$9

Registration Required

Limited space. Helmets mandatory.





Hockey & Skating Programs

The coolest way to get active and stay fit.

Summer 4v4 League

This 4v4 league will focus on fast paced hockey and player development. More touches, fewer whistles and more open ice allows players to get creative. All geared to boost player confidence and sharpen skills.

Session runs from July 1st - September 1st

- Ages U9 U18
- ◆ Age-based Divisions

◆ 10 Games Each ◆ No Fridays or Saturdays Cost: \$2,750/team | \$245 Individual Fall Hockey Development Camp

Get ready for your best season yet! Riel Hockey Development instructors will get you ready for the upcoming season by working on speed, agility, passing, and shooting in a safe and fun environment.

September 4th - October 3rd

1 Hour Sessions

Co	st: \$275	September 4, 10, 12, 18, 24, 26	October 2
	U7 & U9	4:50 p.m.	6:00 p.m.
	Female U15	6:00 p.m.	7:10 p.m.
	Female U18	7:10 p.m.	8:20 p.m.

	September 3, 5, 11, 17, 19, 25	October 1, 3
U11	4:50 p.m.	6:00 p.m.
U13	6:00 p.m.	7:10 p.m.
U15 & U18	7:10 p.m.	8:20 p.m.



Outdoor Mini Soccer

Learn skills and have fun with our intro to soccer.

- ♦ Ages 2 8
- ♦ 45 mins
- Once or Twice Per Week

Season runs from May - June

Registration closes on March 31st



Register at dakotacc.com or visit Customer Service!

Age Appropriate Programs

Age	Birth year	Format	Cost
2 - 4	2020/2021	45 mins of skills and fun games.	\$84
4 & 5	2019	45 mins of skills, fun games, and informal scrimmages.	\$84
5 & 6	2018	20 mins of skills; 20 mins scheduled games against another team.	\$105
6 & 7	2017	20 mins of skills; 20 mins scheduled games against another team.	\$105
7 & 8	2016	20 mins of skills; 20 mins scheduled games against another team.	\$105

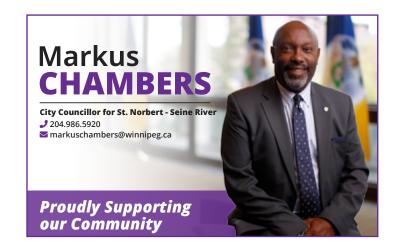


ROBERTSON SHYPIT SOBLE WOOD

LAWYERS & NOTARIES -

202 - 1555 St. Mary's Road Winnipeg, Manitoba - R2M 5L9 **2** 204.257.6061 ■ 204.254.7183 ⊕ rsswlawyers.com

The Law Office of Robertson Shypit Soble Wood handles more real estate transactions than any other law firm in Manitoba.





Looking for More Youth Sports?

Are you looking to sign up for organized team sports? We've put together useful information on **dakotacc.com** for various sports being offered in our community.

Spring Break Sport Camp

Discover new interests & passions with DCC camps.

Join us during Spring Break for games and sports like:

- Basketball
- Soccer
- Dodgeball

- Volleyball
- Badminton

Designed for children ages 6 – 10, your child will develop physical and social skills while playing alongside similar aged children in a fun and welcoming environment.

March 25-28 (No Camp March 29th)

Time: 8:00 a.m. - 4:30 p.m.

Cost: \$195

Register at dakotacc.com or visit Customer Service!



Nursery School Program

Fall class registration is now open!

Our play-based program provides children a lot of choice and opportunities for growth and learning, balanced with teacher led activities that promote allaround development and kindergarten readiness.

Register at dakotacc.com or visit Customer Service!



- 2 Days / Week (Tue & Thu Mornings)
- 2 Days / Week (Mon & Wed Afternoons)
- 3 Days / Week (Mon, Wed & Fri Mornings)

Come experience our nurturing environment where emotional and intellectual growth take center stage!

Spaces will be limited. Sign up soon!





Summer Camps

Choose your own adventure.

DCC has a variety of summer camp options for your child. In July and August, we'll be offering two camp options each week for your children to have fun, be creative, and get active!

Active Explorer (Ages 6-10)

Being active is the name of the game! Kids will have a chance to explore a variety of sports and active games/activities while learning about teamwork and developing physical literacy and social skills.

Cost: \$242

Multi-Sport (Ages 10-13)

Similar to our Active Explorer camp, but for kids who are older and have more sport experience. Kids will explore a variety of sports and activities while developing some sport-specific abilities and enhancing their teamwork skills.

Cost: \$242

Art Camp (Ages 6-10)

Get creative! Kids will have the opportunity to use a variety of media (e.g. paint, chalk, clay, pencils, etc.) throughout the week. Make space on your fridge as the kids will be able to bring home their final art project at the end of the week.

Cost: \$242

eSports (Ages 8-12)

This isn't playing video games all summer in your basement! Kids will spend time each day learning and honing their Nintendo skills, while taking time away from the screen to explore some of the sports and physical activity options of our Active Explorer and Multi-Sport Camps.

Cost: \$242

Hockey Development Camp (Ages 7-12)

These full-day camps will include two on-ice sessions daily where the focus will be on improving fundamental hockey skills. Off-ice our participants will be exposed to a variety of sports and games meant to improve coordination, balance and fitness.

Cost: \$475

Weekly Schedule

Week	Camp	Ages
July 8 th - 12 th	Art	6-10
July 6 - 12	Multi-Sport	10-13
July 15 th - 19 th	Active Explorer	6-10
July 15 19	eSports	8-12
July 22nd 26th	Active Explorer	6-10
July 22 nd - 26 th	Multi-Sport	10-13
July 29 th -	Active Explorer	6-10
August 2 nd	Art	6-10
August 6 th -9 th	Combo Camp 1	6-10
August 6 -9	Combo Camp 2	10-13
A 12th 16th	Multi-Sport	10-13
August 12 th - 16 th	Hockey	10-12
A 10th 27rd	Hockey	7-9
August 19 th - 23 rd	Art	6-10
August 26th 70th	Hockey	10-12
August 26 th - 30 th	Active Explorer	6-10

No Camps July 1st-5th or August 5th

Combo Camps 1 & 2 (Ages 6-10) (Ages 10-13)

Everyone's favourite activities from each of our camps, combined into one (short) week of fun! Kids will get to sample Active Explorer (6-10) or Multi-Sport (10-13), Art Camp, and eSport activities throughout the week. Physical activity, creativity, and gaming all in one package!

Cost: \$194



Register at dakotacc.com or visit Customer Service!



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