

Optimal Sports Basketball Camp (ages 7+)

This brand new program is designed for basketball players eager to work hard and improve their game. Qualified and professional instructors will push the participants, and teach skills and techniques that will enhance each players overall abilities. Participants receive 2 sessions of basketball instruction each day, with each session lasting 2 hours in length.

The camp runs each day from 8:30am – 4:30pm for the first 3 weeks of July.

PRICE: \$179/week

Contact Anthony Knapp, Program Manager at 254-1010 (201) or email dakotaccpm@shaw.ca