

5. **OPTIMAL DEFENSEMAN DEVELOPMENT CAMPS**

3 hours of specialized instruction for defensemen relating to individual offensive/defensive skills and team play concepts to provide skills to becoming sound defensively with an emphasis on teaching offensive skills.

**3 Days of concentrated, position specific instruction:
Boys and Girls. Ages 8 to 14 yrs.**

	Session 1 <u>(Ages 8 - 11)</u>	Session 2 <u>(Ages 12 - 14)</u>
Tuesday, September 9	5:20 – 6:20 pm	6:30 – 7:30 pm
Wednesday, September 10	5:20 – 6:20 pm	6:30 – 7:30 pm
Thursday, September 11	5:20 – 6:20 pm	6:30 – 7:30 pm

COST: \$85.00